

PERSONAL RETREAT OPTIONS NOT AT PPI

BAY AREA

Green Gulch (part of SF Zen Center) -- near the city, 415-383-3134, ggfoffice@sfzc.org. From \$20/night if also volunteering for 5-night minimum, otherwise \$60-135/night, maybe minimum of 3 nights.

San Damiano Retreat Center -- beautiful hill-top Catholic (Franciscan) retreat center, www.sanddamiano.org, 925-785-9850 (Kateri) or email kateri@sandamiano.org -- \$95/night for private room

FURTHER AFIELD

Mount Madonna, Watsonville, CA -- www.mountmadonna.org

Sonoma Mountain Zen Center, Santa Rosa, CA -- www.smzc.net

Tassajara, Carmel Valley, CA -- www.sfzc.org

Chagdud Gonpa Rigdzin Ling -- Tibetan Buddhist center, 530-623-2714, near Redding/ Weaverville, from c. \$50/night

Rangjung Yeshe Gomde -- Tibetan Buddhist center, Leggett, CA -- 707-925-0201 or email adminassist@gomdeusa.org. From \$50/night or \$300/week.